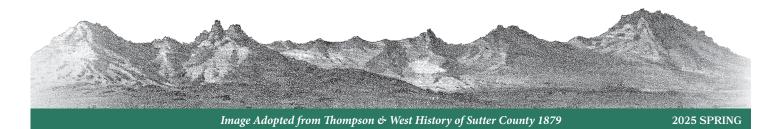
MIDDLE MOUNTAIN INTERPRETIVE HIKES



President's Message

By Greg Payne

e all know that things change. The weather changes from day to day, we change as we get older, prices change with inflation or product availability, everything changes.

In the Sutter Buttes we see changes: the leaves have fallen off the oak trees, the creeks that were dry in October are now running, the brown hillsides are now green with new grasses, the huge granary tree at the base of seismograph hill and North Butte blew down.

What was that?
The granary tree blew down?
(A granary tree is where acorn
woodpeckers store their acorns.).
A very strong north wind at the end
of November blew through the Sutter
Buttes and toppled down this landmark
of the Dean Place where thousands of
MMIH hikers have passed. It was a
tree where guides would always stop,
and hikers would pose for pictures at its
base. I am sure there are many readers
of this newsletter that have hiked on
the Dean Place and will remember this
wonderful tree.

It was an enormous tree with a trunk about 4 feet in diameter. Acorn woodpeckers had carved holes just the right size to hold thousands of acorns



in this tree. We don't know how old it was, but judging by its size, this valley oak was probably three to four hundred years old when it died. It was then that the bark started to fall off, and the trunk decomposed until it was soft enough for the holes to be made as the bark of a living oak tree is too hard. These acorns are saved year after year as food for the woodpeckers to eat when the winter weather is too cold for insects to be about. (More about acorn woodpeckers in the Education Program article in this newsletter.)

This tree was not only important to the acorn woodpeckers, but it was also an iconic part of the Dean ranch. There are granary trees all over the Sutter Buttes, but this one was in a place close

to several trails where many hikers stopped to check for woodpecker activity or just to marvel at the number of holes and acorns stored there. This tree will be missed. but it is just an example that this land is always changing. On the Shaeffer property to the north where MMIH also hikes, a smaller, but no less observed granary tree has also been taken down by the wind. If you haven't hiked in our Sutter Buttes in a while, or even if you hiked last fall, I invite

you to sign up for a hike this spring and see what has changed or stayed the same. It is still the same enchanting place to come for a hike.

There is also a different kind of change noted elsewhere in this newsletter. We are changing our email address to <a href="https://discourse.ni.nlm.n

Mission of Middle Mountain Interpretive Hikes

Middle Mountain
Interpretive Hikes advances
the understanding of the
natural and cultural features
of the Sutter Buttes through
interactive educational
activities for schoolchildren
and the public.

Donations are welcome at MMIH, a 501c(3) non-profit organization. To donate send check to PO Box 3613, Yuba City, CA 95992-3613

Who We Are

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Inquiries may be directed to: MMIH Mailing Address: PO Box 3613, Yuba City, CA 95992-3613

Email:

hike@middlemountainhikes.org Phone/Text: 530-370-4777

Website:

https://www.middlemountainhikes.org

MMIH General Information

Middle Mountain Interpretive Hikes does not require hikers to be vaccinated. Please note, masks are welcome! If you have cold, flu, or Covid-19 symptoms, do not come on your registered hike.

None of our hikers or guides want to be exposed to cold/flu/Covid symptoms. If you are ill, please do not attend.

Thank you in advance for your kind and respectful consideration of others.

Middle Mountain Interpretive Hikes provides access to privately owned ranch land of the Sutter Buttes. Our guides share knowledge of the hiking terrain's origins and history. As a group you examine together the natural ecosystems and habitats of this small mountain range. The different territories of the Buttes provide a wide variety of hiking experiences.

MMIH offers a definitive guideline/chart of "1 to 6 Boot" hike ratings pertaining to physical fitness (ability/agility levels) to help all hikers succeed with individually selected hike(s). This hike guideline/chart was specifically established by MMIH to assist hikers with choosing compatible hikes. (Our "Hike Boot Ratings" chart is included in this newsletter and on the MMIH website).

All of our outings are educational/interpretive hikes. Note, the same hikes/outings are not offered every season. A typical day begins at 8:00 a.m. for hike meet and greet sessions and ends about 3:00 p.m. (unless otherwise stated). Scheduled hikes usually proceed in all but the most severe of weather conditions.

Hike participants should be prepared for uneven footing, stepping over rocks and boulders, crossing streams, and hill climbing. Fall hikers are likely to encounter and contend with thistles/stickers. Spring hikers are likely to encounter wet, squishy, and ankle-deep grass. Poison oak is abundant, but you will be warned of proximity. Mosquitos are often present.

Smoking/vaping is not allowed on Sutter Buttes privately owned properties. We do not hike on the Buttes working ranches in the summer because of the serious threats of fire danger and rattlesnakes. Rattlesnakes, though common in warmer weather, are usually reclusive and inactive during our hiking seasons of fall/winter (combined) and spring.

Some hikes are acceptable for children, but most are not. There are no hikes appropriate for babies or toddlers. Hikes rated 3 or 4 Boot may be suitable for children 12 or older (although this depends on the child and hike). Please inform the Hike Coordinator if you are considering

making a hike reservation which includes children.

Open Hikes are limited to approximately 20 hikers unless otherwise stated. The hikes range from \$35 to \$45 per person. To sign up/register for open hikes, please email: hike@middlemountainhikes.org; or text/phone 530-370-4777 during the hours of 8:00 a.m. to 9:00 p.m.

Charter Hikes cost \$300 for up to 10 hikers and \$30 for each additional hiker, with maximum of 20. To arrange a charter (private/custom) hike, email lushinthebuttes@gmail.com or text/phone 530-301-7371 during the hours of 8:00 a.m. to 9:00 p.m.

Cancellation Policy: Cancellations Up To Two Week (14 days) Prior to Hike Date: Refund of hike payment, less processing fee of \$5, or certificate (voucher) for a comparable-cost future hike to be applied with reservation within one year of issuance. • Cancellations Between Less Than Two Weeks and 72 Hours Prior to Hike Date: Certificate for a comparable-cost future hike to be applied with reservation within one year of issuance. • Cancellations Within 72 Hours of Hike Date: No refund or hike certificate issued

The fall-hiking season is usually posted in early October (with hikes to begin in late October or early November), and the spring-hiking season is usually posted in early February (with hikes to begin in late February or early March). All hike information is available on the MMIH website at: https://www. middlemountainhikes.org. For the seasonal hike schedule, updates/announcements, please subscribe to Middle Mountain Interpretive Hikes e-Newsletters at: https:// www.middlemountainhikes.org. Follow Middle Mountain Interpretive Hikes on Facebook at: https://www.facebook.com/ sutterbutteshikes/





Acorn Woodpeckers

WRITTEN BY: EDUCATION HIKE COORDINATOR ~ KATHLEEN PAYNE

hen we hike with 3rd & 4th grade students, we often hear the background sounds of the birds in the Sutter Buttes, gently above the noise of 25 to 30 excited students. The "peep-peep" of the oak titmouse, the "Chicago" call of the quail and then the unmistakable "wakawaka" sound of the acorn woodpecker. They have such a distinct sound that immediately announces to the hiker, "you are in amongst the oak trees of California." In the foothills, the coastal range of California, and especially the Sutter Buttes, the sound and presence of acorn woodpeckers is noticed by the evidence of their distinct calls and the presence of their granary



trees, where they store their winter stash of acorns. Students are familiar with the sound that comes from woodpeckers drilling into trees. We explain to them about the adaptations of woodpeckers and why they don't get headaches after drilling all day long before heading back home to their hole in a tree. Their tongue is approximately 6-inches long and fits into the size of a smaller than pingpong ball size skull. The tongue splits in half just above their beak and fills the nooks and crannies of both sides of their skull to cushion the blows to their head, acting like a helmet to protect their brain, which is located at the back of their head, closer to the spine. They also have 3 sets of eye lids. First the typical eye lid, like we have, the second is like a screen door to protect their eyes from the wood chips, and a third is a muscle that holds the eye in place when they start to drill. They have very strong neck muscles that allows their heads to not twist during the drilling. Their bills drill into a tree at approximately 100 times the

force that astronauts experience during a space shuttle launch! That is impressive for this sweet little red headed bird with flashy black & white wings.

If they belong to a particular granary tree clan where they store their supply of acorns, they are welcome to help this community of woodpeckers with the breeding and raising of their young, which is unique in the bird world. Anywhere from 2 to 16 acorn woodpeckers will work as a "community" sharing and raising of their young. But if a visiting woodpecker from another granary tree clan invades their space, the hue and cry go up, and the invader is quickly chased away. If a visiting flicker is cruising

through that part of the woods, they will be chased away by the mighty wing flapping acorn woodpecker. We have watched an acorn woodpecker chase a flicker and that large flicker couldn't flap his wings fast enough to get away! It was quite amusing to see!

Just the other day a group of local students were standing in front of an old granary tree as the guides were teaching about acorn woodpeckers. While the guide was holding up a notebook with a picture of this bird, a live acorn woodpecker landed on a tree close by. The woodpecker quickly swooped low over the heads of the students and landed on a tree close by so everyone could observe it as it started to drill into the tree. What a unique opportunity that the children and adults could observe this acorn woodpecker so closely. It was a teachable moment that hopefully instilled the love and wonder of nature into the hearts of our children.

Special Spring Time Hikes

pringtime is show-off time for the Sutter Buttes! Wildflowers, freshly greening hills, bud break on all the trees, and spectacular views are all part of the Ridin' Fence and Broken Teacup, Photographers Walk, and our various Wildflower Hikes. Ridin' Fence and Broken Teacup highlight the Dean Place. Both climb up and downtime various ridges that effectively ring the ranch but offer differing paces and routes. Brockman Canyon Loop is a new addition to our hike collection and will feature a route that offers a variation from the classic Brockman Canyon hike. All three of the hikes are 4 boots or more on our scale of rigor, and you should be prepared with hiking boots and lots of water and food! The Photographer's Walk gives camera buffs of all skills and fitness levels a chance to come into the Buttes and create images that are rarely available to most folks. We will wander the Dean Place looking for beautiful light, landscapes, flowers, bugs (yes - awesome to photograph!), and hope for a glorious sunset. And.. Wildflower Hikes! We hope the weather cooperates since springtime brings wonderful flowers on all the properties, and by joining a Wildflower Hike, you'll have time to photograph, examine close up, and walk among the blooms.



SUNSET SERENADE IS COMING! Saturday, May 3, 2025 · Space is limited — so register now!

Take a short walk in the Sutter Buttes then enjoy music, drinks and dinner as the sun sets on North Butte. Hikes are optional if you want to simply enjoy the view and get a head start on the silent auction bidding!

Full details upon registration • See Hike Schedule on the website to register.

What are you wearing on your feet?

Hikers – Look down!!!

If you join us for a Summit hike, Brockman
Challenge, Ridin' Fence, Tres Picos or any other
4+ boot hike, we are requesting you wear boots
or sturdy hiking shoes. Our guides for these
hikes flatly say that 10 out of 10 hikers who wear
wimpy footwear struggle on these routes. While
all hikers are asked to wear boots or sturdy hiking shoes,
those on the most challenging hikes must have solid footwear.
Soft-soled running shoes are miserable to hike in, even if you
walk in them daily. Open-toed sandals aren't appropriate for

the terrain. Our hikes in the Sutter Buttes are not on smoothly groomed trails - level ground is rough and rocky, not just the hill climbs. We want you to have traction and stability as you move among rocks and up and down the slopes. Some routes remain slippery all year due to the texture of the terrain.

Please plan for your own safety and to help make sure the day is good for everyone out with you. The Sutter Buttes may or may not be the Smallest Mountain Range in the world, but they are not the gentlest. Thank you!

Spring 2025

Open-Hikes Schedule & Hike Descriptions

MAKE YOUR RESERVATION AT: <u>HTTPS://WWW.MIDDLEMOUNTAINHIKES.ORG</u>

Detailed hike and payment information emailed upon reservation. Unless otherwise specified in the following hike descriptions, the cost is \$35/per person; meet and greet time is at 8:00 a.m. with a 3:00 p.m. ending time; and each hike is limited to approximately 20 registrants.

All hikers are to carry a backpack containing: lunch, snacks, and water (for a day's hike). Wear hiking boots or strong/tough/sturdy shoes with good tread (no tennis shoes/sneakers)! Note: Hiking/walking sticks are a great idea for all participants!

Broken Teacup | Dean Place

Walk around the Dean Place - on its ridgelines! Join your guide for a longer ridge hike and find yourself climbing at least four of our good hills. Don't be intimidated! This hike will go at a pace that encourages all hikers to join. It is definitely not a race to the top, but a chance to explore parts of the ranch that we seldom visit in one outing. We will start this hike earlier and allow more time to complete the route. Be prepared for a whole day in the hills with views in every direction. Bring plenty of snacks and water, sturdy shoes, and hiking sticks! Hike Difficulty Level: 4 Boot. Date: Saturday, March 1. Time 7:30-4:00.

Brockman Challenge | Brockman Ranch

Prepare for a six-mile strenuous and steep ascent between the tallest of ridge tops of the Brockman Ranch. The trail is narrow and traverses a precipitous incline with an elevation gain of 1,000 feet. At the hike's midway point, enjoy views deep into the core of the Buttes as well as from mountain range to mountain range across the valley. **Hike Difficulty Level: 5 Boot. Date: Sunday, March 2.**

Shaeffer Ranch Hike | Shaeffer Ranch

Hikers will explore the historical Shaeffer Ranch belonging to the same family since the 1860s. Depending on visibility, this hike may include views of North Butte, Peace Valley, and the old Titan Missile Site. Both Mount Lassen and Shasta are often seen in the distance. Hike Difficulty Level: 3 Boot. Dates: Sunday March 2; Sunday, March 23; and Saturday, March 29.

Shaeffer Wildflowers | Shaeffer Ranch

Enjoy a springtime walk amongst the green hills of Shaeffer Ranch, where we hope to be greeted with a delightful plethora of wildflower blooms like: Popcorn Flower, White Hyacinth, Larkspur, Monkey Flower, Dutchman's Pipe, Shooting Stars, and Baby Blue Eyes. Remember to bring your hand lens, camera, and wildflower field guide. **Hike Difficulty Level: 3 Boot. Date: Saturday, March 8.**

North Butte Summit | Dean Place/North Butte

The Summit Ascent on the Dean Place is one of our most challenging treks. This route is a steep 1,000-foot push straight up North Butte. It is off trail and has no easy switchbacks. Hikers must be in extremely good physical condition and not suffer from vertigo. Limited to approximately 15 hikers. Cost: \$45. Hike Difficulty Level: 5 Boot. Dates: Saturday, March 8; Saturday, 3/15; Saturday, April 5.

Vines and Vistas | Shaeffer Ranch

Enjoy a stroll through the Cordi Winery orchards and vineyards before entering the hills of the lovely Shaeffer Ranch. After exploring the ridges and views for most of the day, return to Cordi for optional wine tasting.(Additional \$10 to be paid separately on hike day to Cordi.) **Hike Difficulty Level: 3 Boot (with gentle climbs and descents).**Dates: Sunday, March 9. Meet time 10:00 am.

Ridin' Fence | Dean Place

Walk the fence line of the historic Sutter Buttes ranch, Dean Place. The fence line terrain is rugged just like the cowboys charged with mending it. Bring sturdy boots, a day's worth of water, and your sense of adventure - work gloves optional. Hike Difficulty Level: 6 Boot. Date: Sunday, March 9. Time: 7:00 a.m. to 4:00 p.m.

Geology | Dean Place

Learn about the exciting volcanic origins of the Sutter Buttes, a small-mountain range with Volcanologist, Dr. Brian Hausback. Hiking the varied terrain of the Dean Place, he teaches us about the Buttes' 1.6 million years of geological history. Hike Difficulty Level: 4 Boot. Date: Sunday, March 16.

Brockman Wildflowers | Brockman Ranch

While hiking the unique terrain of Brockman Ranch, we hope you enjoy a lovely variety of wildflower blooms: California Poppies, Gold Nuggets, Woodland Stars, Cream Cups, Gray Mule Ears, Fiddlenecks, and Lacepods. Remember to bring your hand lens, camera, and wildflower field guide. **Hike Difficulty Level: 3 Boot. Dates: Sunday, March 16; and Saturday, March 22**.

(cont. on next page)

Dean Wildflowers | Dean Place

Enjoy a glorious spring day hiking Dean Place, where we hope to be greeted with an enchanting array of wildflower blooms like the: Paintbrush, Canyon Larkspur, Chinese Houses, Showy Milkweed, Filaree, Lupine, and Bird'seye Gilia. Remember to bring your hand lens, camera, and wildflower field guide. **Hike Difficulty Level: 3 Boot. Date: Sunday, March 30.**

Photographer's Hike | Dean Place

Walk with your camera on the Dean Place. This event starts in the afternoon with ample time for landscape, macro, and flower photography, with the bonus of sunset shots. Bring your gear - tripods, ring lights, what have you. We will explore various areas of the property and position ourselves for the sunset. This will not be a long walk but can become more strenuous if you choose to hike to a ridge. All levels of photographic experience welcome - and if you use your cell phone's camera, that fine as well. Hike Difficulty Level: 2-3 Boot. Date: Saturday, April 5. Starts at 2:00.

Brockman Canyon Loop | Brockman Ranch

A nice blend of the Brockman Canyon hike and the less aggressive aspects of the Brockman Challenge. The Brockman Loop goes up and around some beautiful rock outcroppings and takes you to a ridge that opens in all directions for spectacular views. Return through the interesting terrain of the Brockman Canyon. This hike offers chances to see some of the most interesting flora and geology in the Sutter Buttes. **Hike Difficulty Level: 4 Boot. Dates: Sunday April 6.**

Nature in the Buttes | Dean Place

Learn about the exciting diversity of plants and animals found in the Sutter Buttes and examine the fascinating adaptations that allow them to survive. Plan to study nature and learn about the natural world in a beautiful outdoor setting.

Hike Difficulty Level: 3 - 4 Boot. Date: Sunday, April 6.

Moonlight Stroll | Dean Place

Experience the change from daylight to evening on the Dean Place. Watch the moon rise and hike by its light as you walk among the shadowy oaks and wander the rolling hillsides. Hike Difficulty Level: 2 Boot. Date: Saturday, April 12. Time: 5:00 p.m. to 10:00 p.m.

Sacred Manner | Dean Place

Walking in a sacred manner with Stan Padilla on the Dean Place, you will learn a respectful reverence for life and the special place that the Sutter Buttes hold for local Native Americans. This is a quiet and contemplative day and a unique perspective on the Middle Mountain. **Hike Difficulty Level: 2 Boot. Date: Sunday, April 13.**

Birds in the Buttes | Dean Place

Come share the uncommon opportunity to bird in the Sutter Buttes. You will explore various habitats on the Dean Place while looking for both resident and migrant birds and also have the opportunity for photography or use of a scope (if you bring your equipment). Definitely bring your binoculars! Please note, this is a slow, mostly level hike, that does not cover the range of territory of other hikes nor the depth of interpretation. It truly is a bird watching day. Hike may be limited to 15 participants. Beginning birders welcome! Hike Difficulty Level: 3 Boot. Date: Saturday, April 26. Time: 7:00 a.m. to 2:30 p.m.

Bats in the Buttes | Dean Place

This Bat-Research Outing is a rare opportunity for a limited number of participants to witness mammal biologist, David Wyatt, conduct bat research in the Sutter Buttes. In addition to food and water, bring a folding chair or cushion and flashlight. Hike Difficulty Level: 1 Boot. Date: Saturday, April 26. Time: 3:00 p.m. to 10:00 p.m.

Sunset Serenade | Dean Place

Join Middle Mountain Interpretive Hikes at its annual fundraiser, Sunset Serenade, scheduled to be held (weather permitting) on Saturday, May 3, in an enchanting outdoor setting at the base of North Butte. Plan to enjoy an afternoon stroll or hike, delicious appetizers, wine and beer, a catered dinner, light-classical music, fine desserts, and pleasant company. Unique items are always featured at the Sutter Buttes Regional Land Trust (SBRLT) silent auction and drawing. Pre-registration is required at https://www. middlemountainhikes.org. Cost is \$125 per person (SBRLT hike discounts are not accepted). Information/details emailed upon registration. Hike Difficulty Level: 1-3 Boots Meet/Greet Time for Stroll/Hike is at 2:30 p.m.; appetizers at 5:00 p.m.; and dinner at 6:00 p.m. Meet/Greet Time for Dinner is at 4:00 p.m.; appetizers at 5:00 p.m.; and dinner at 6:00 p.m.

HIKE CANCELLATION POLICY

- Cancellations Up To Two Week (14 days) Prior to Hike Date: Refund of hike payment, less processing fee of \$5, or certificate (voucher) for a comparablecost future hike to be applied with reservation within one year of issuance.
- Cancellations Between Less Than Two Weeks and 72 Hours Prior to Hike Date: Certificate for a comparable-cost future hike to be applied with reservation within one year of issuance.
- Cancellations Within 72 Hours of Hike Date: No refund or hike certificate issued.

HIKE/EVENT BOOT RATINGS

Hike/Event Boot Ratings are a guideline for helping you to choose an outing that matches your physical fitness/ability levels.

Distance and elevation gain are dependent on the outing, the property, and the guide.

- **1 Boot = Easy:** One to three miles and less than 300 feet elevation gain/loss.
- 2 Boot = Moderate: Two to five miles and generally less than 600 feet elevation gain/loss.
- **3 Boot** = Moderately Challenging: Four to seven miles with the possibility of multiple elevation gains/losses of 600-800 feet.
- **4 Boot** = Difficult: Four to seven miles and elevation gains/losses likely in excess of 800 feet.
- **5 Boot = Strenuous:** Four to eight miles with multiple and/or significant elevation gains/losses in excess of 1,000+ feet.
- 6 Boot = Extreme: Five to fourteen miles with multiple and significant elevation gains/losses in excess of 1,000+ feet (miles determined by outing and weather).

	2025	SPRING SEASON HIKE	SCHEDULE	
DATE	DAY	HIKE NAME	RANCH BC	ООТ
3/1/2025	SATURDAY	BROKEN TEACUP	DEAN PLACE	4
3/2/2025	SUNDAY	BROCKMAN CHALLENGE	BROCKMAN	5
3/2/2025	SUNDAY	SHAEFFER RANCH	SHAEFFER	3
3/8/2025	SATURDAY	SHAEFFER RANCH WILDFLOWERS	SHAEFFER	3
3/8/2025	SATURDAY	NORTH BUTTE SUMMIT*	DEAN PLACE & NORTH BUTTE	5
3/9/2025	SUNDAY	VINES AND VISTAS	CORDI WINERY & SHAEFFER	3
3/9/2025	SUNDAY	RIDIN' FENCE	DEAN PLACE	6
3/15/2025	SATURDAY	NORTH BUTTE SUMMIT*	DEAN PLACE & NORTH BUTTE	5
3/16/2025	SUNDAY	GEOLOGY	DEAN PLACE	4
3/16/2025	SUNDAY	BROCKMAN WILDFLOWERS	BROCKMAN	3
3/22/2025	SATURDAY	BROCKMAN WILDFLOWERS	BROCKMAN	3
3/23/2025	SUNDAY	SHAEFFER RANCH	SHAEFFER	3
3/29/2025	SATURDAY	SHAEFFER RANCH	SHAEFFER	3
3/30/2025	SUNDAY	DEAN WILDFLOWER	DEAN PLACE	3
4/5/2025	SATURDAY	NORTH BUTTE SUMMIT*	DEAN PLACE & NORTH BUTTE	5
4/5/2025	SATURDAY	PHOTOGRAPHER'S HIKE	DEANS PLACE	2-3
4/6/2025	SUNDAY	BROCKMAN CANYON LOOP	BROCKMAN	3-4
4/6/2025	SUNDAY	NATURE IN THE BUTTES	DEAN PLACE	3-4
4/12/2025	SATURDAY	MOONLIGHT STROLL	DEAN PLACE	2
4/13/2025	SUNDAY	SACRED MANNER	DEAN PLACE	2
4/26/2025	SATURDAY	BIRDS IN THE BUTTES	DEAN PLACE	3
4/26/2025	SATURDAY	BATS IN THE BUTTES	DEAN PLACE	1
5/3/2025	SATURDAY	SUNSET SERENADE	DEAN PLACE	1-3

\$\$45 Hike. \$\$40 Hike. All other open hikes listed are \$35.

NOTE: The approximate number of hikers (per hike) = 20. Summit & Tres Picos Hikes = 15.

MIDDLE MOUNTAIN INTERPRETIVE HIKES

PO Box 3613 Yuba City, CA 95992-3613 Non Profit Organization U.S. Postage PAID Permit No. 93 Marysville, CA 95901

Return Service Requested

MMIH Gift Certificates are a great gift idea for hikers and nature enthusiasts!

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VISIT OUR WEBSITE AT:
WWW.HTTPS://WWW.MIDDLEMOUNTAINHIKES.ORG

SUTTER COUNTY MUSEUM



Admission to the Sutter County Museum is free! Donations are welcome. To receive announcements about upcoming programs and events, register for the Museum's monthly e-Newsletter at www.suttercountymuseum.org.

Like & Follow the Sutter County Museum on Facebook & Instagram!

Contact Us

Thank you for reaching out to Middle Mountain Interpretive Hikes! You may contact us:

- On our website: https://www.middlemountainhikes.org.
- By mail: PO Box 3613, Yuba City, CA 95992-3613
- Hope Spencer, Open Hikes Coordinator, hike@middlemountainhikes.org or 530-370-4777
- Laura Lush, Charter Hikes Coordinator, lushinthebuttes@gmail.com or 530-301-7371
- Margit Sands, Hike Program Director, sandsmp@comcast.net or 530-846-5142
- Gregory & Kathleen Payne, Education Program Coordinators, greg947@sbcglobal.net or 530-218-1346

Newsletter

Editor: Maris Wagener Printer: Printworx

Middle Mountain Interpretive Hikes is a 501c(3) nonprofit organization; Federal Tax ID #32-0454378.

For Sutter Buttes Regional Land Trust information, contact SBRLT at: PO Box 3359, Yuba City, CA 95992-3359; Phone 530-755-3568; info@sutterbutteslandtrust.org. or http://www.sutterbutteslandtrust.org.